

Chronic Diarrheal Protocol for IBD

100 gm fat diet x 2 d at home

Day One

- Admit, History & Physical
- Dietician to see
- CBC & Diff, ESR, CRP
- Electrolytes, BUN, Creatinine, Calcium, Magnesium, Phosphate, Zinc
- AST, ALT, ALP, GGT, Bilirubin, Albumin, Total Protein
- TSH progressive
- B12, RBC Folate
- Fe, TIBC, Ferritin
- Morning Cortisol
- Anti-TTG, Quantitative Immunoglobulin, Serum protein electrophoresis
- EKG, CXR, Urinalysis
- Stool for C&S, O&P, Clostridium difficile toxin, WBC, Sudan fat stain

Day Two

- Gastroscopy and biopsy (for histopathology, Giardia, microsporidium)

Day Two, Three, and Four

- 72 h stool: Fat, wt, bile acid, Na/K/Cl, osmolality

Day Five

- ¹⁴C – glycocholate breath test
- Stool for C&S, O&P

Day Six

- Lactulose breath test
- Stool for C&S, O&P

Day Seven

- Lactose breath test
- If secretory: 24 hr urine – 5-HIAA, Serum gastrin, VIP, Somatostatin, Calcitonin
- Consider Laxative screen

Day Eight

- Clear fluids/Go-Lytely prep



Day Nine

- Colonoscopy & multiple colonic biopsies

Day Ten

- Small bowel enterolysis