



Adalimumab Startup Sheet

Humira®, Adrilada™, Amjevita™, Hadlima™, Hulio®, Hyrimoz®, Idacio®, Yuflyma®

**** NO LIVE VACCINES if starting therapy ASAP (includes MMR and Yellow Fever)****

<u>Assistance with Coverage</u>	<u>Private Coverage</u>
<p>1. You need to apply for Alberta Health Non-Group Coverage. Information is available from Alberta Health Services. You can pick up an application at your local pharmacy or online at: https://cfr.forms.gov.ab.ca/form/ahc0201.pdf. Alberta Health Non-Group is a government-assisted program that helps people who do not have benefits obtain medication and works with existing insurance. You will be required to pay a monthly premium. (low income Albertans can apply for subsidized premiums; an application is available online at: https://cfr.forms.gov.ab.ca/Form/ahc0208g.pdf) They will not cover the drug without special authorization. There is a 3+ month waiting period, so send in your application as per the instructions ASAP.</p> <p>2. Our IBD nurses will:</p> <ol style="list-style-type: none"> Enroll you in a free patient support program. Provide you with the requisitions for a chest X-ray, TB skin test, blood work, and stool (FCP) test. <p>3. The Patient Support Program will:</p> <ol style="list-style-type: none"> Complete the orders for your infusion and send the prescriptions ordered by your physician to the infusion clinic and the pharmacy of your choice Arrange your 1st injection and training which is scheduled once testing and approval is complete Complete renewals of prescriptions and special authorizations as needed. You must contact the patient support program if there is a problem with your prescription or a problem or change in insurance. 	<p>Call your individual private benefit provider and find out if your benefits will cover the medication. BE SURE TO ASK IF THERE IS A CAP ON THE AMOUNT OF COVERAGE YOU CAN GET/YEAR You may need to also apply for Alberta Health Non-Group for additional coverage.</p> <p>Patient Supports Programs work independently of the UofA, and assist in the coordination of medication insurance and arranging for training to self-inject. They will help you ensure that you have adequate insurance to cover the costs. The patient support program will send you a “Release of Information” form so they can access your medical charts. If the patient support program has not contacted you, please reach out to an IBD nurse at 780-492-8691, ext. 9</p>

While awaiting coverage

Your IBD physician/nurse will give you requisitions for a chest X-ray, bloodwork, FCP and instructions to get a TB skin test. It is very important for you to have complete all of these prior to starting therapy. We would also like a list of vaccinations that you have received, including childhood immunizations. This can be obtained either through your Family Physician or [Public Health Centres](#). You can book an appointment at a [Public Health Center](#) to complete your TB skin test.

Ready to Start

Your prescription will be ordered from the pharmacy of your choice. You need to pick up your medication prior to your first injection. The patient support program will set up your initial training session around your first loading dose of 160 mg (4 injections). Two weeks later the second loading dose of 80mg (2 injections) will be due. You can continue to have injection support or self-inject if you are comfortable. Maintenance dose is usually 40 mg (1 injection) every two weeks thereafter. Medication should be stored in the fridge. Should you need to travel with the medication, it can remain stable at room temperature. Refer to the [medication information sheet](#) for more details.

IBD Health Practitioner Checklist		Family Physician Checklist	
<input type="checkbox"/>	Chest X-ray	<input type="checkbox"/>	Routine breast exam
<input type="checkbox"/>	TB Skin Test – book appt through a Public Health Center	<input type="checkbox"/>	Pap smear for HPV & HPV vaccine
<input type="checkbox"/>	Hepatitis & HIV Serology & EBV	<input type="checkbox"/>	Skin exam for atypical moles (dermatologist consult if relevant)
<input type="checkbox"/>	FCP prior to Day 1 and prior to starting week 14 dose	<input type="checkbox"/>	Vaccinations to be up-to-date (non-live vaccines can be updated as needed)
		<input type="checkbox"/>	Annual dental exam