

## Inflammatory Bowel Disease Standardized Care Protocols

### 3. IBD PATIENTS ON BIOLOGIC – MAINTENANCE REGIME

#### **Nurse:**

1. Have the patient contact the nurse to report HBI (#1) or Partial Mayo (#2) every 2 months. Record this value in the patient's chart. If the patient is flaring, refer to protocol 1. SUSPECTED IBD OUTPATIENT FLARE.
2. Review information collected during biologic administration, if available. If there are any adverse events or issues, review with the physician. If not, sign and have scanned to the patient chart.
  - a. Adalimumab Injection Visit Report and Patient Questionnaire (#4). The Patient Questionnaire is distributed to patients every 8 weeks via AbbVie Care.
  - b. BioAdvance<sup>®</sup> Infliximab Post-infusion Feedback Report (#5) and Patient Questionnaire (#6). The Patient Questionnaire is given to patients at the time of their infusion.
3. Send a message to support staff to make follow-up appointments for every 8 months, and to send out bloodwork requisitions (listed below).
4. Have the patient get his/her Infliximab (#13 & #14) or Adalimumab (#15 & #16) trough and antibody levels drawn immediately prior to week 30 and week 54 doses.

#### **Support Staff:**

1. Arrange follow-up clinic visit every 8 months, after the initial 12-14-week follow-up.
2. Along with the appointment notification, send the patient the following lab requisitions:
  - Biologic maintenance labs for the patient to complete every 2 months (#11)
  - Follow-up bloodwork (#12) to do before each appointment
3. Ensure that the patient has been scheduled for colonoscopy\* at 6-10 months, as per Protocol 2. IBD Patients on Biologic – Induction Regime.

#### **Physician:**

1. Consider dose optimization at 6-10 month colonoscopy\* if not at mucosal healing (#13).

\* Flexible sigmoidoscopy for left-sided ulcerative colitis.