

Preparation for Sigmoidoscopy

Magnesium Citrate or Dulcolax

THE EVENING BEFORE THE PROCEDURE (choose only one preparation: Magnesium Citrate OR Dulcolax)

CHOICE #A – Magnesium Citrate solution

1. At 5:00 p.m., drink one bottle of Magnesium Citrate.
Magnesium Citrate is available at your pharmacy without a prescription.

CHOICE #B – Dulcolax tablets

1. At 10:00 p.m., take three (3) bisacodyl (Dulcolax) tablets.
Dulcolax is available at your pharmacy without a prescription.

THE DAY OF THE PROCEDURE

- Give yourself a fleet enema prior to arrival in hospital.
Fleet enema is available at your pharmacy without a prescription.

