

## PATIENT INFORMATION SHEET

### Recommended Internet Resources for Patient Education and Support

Name/Organization	Address	Description
<b>Crohn's and Colitis Foundations of Canada</b>	<ul style="list-style-type: none"> <li>• <a href="http://www.CCFC.ca">www.CCFC.ca</a> (English and French Available)</li> <li>• <a href="http://www.TheGutsyGeneration.ca">www.TheGutsyGeneration.ca</a></li> </ul>	Resource center and educational materials for parents, fundraising, affiliated portal for teens and young adults
<b>Crohn's and Colitis Foundation of America</b>	<ul style="list-style-type: none"> <li>• <a href="http://www.CCFA.org">www.CCFA.org</a></li> </ul>	Resource center and educational materials for patients, resources for professionals and young adults
<b>Crohn's and Colitis Australia-North America Society for Pediatric Gastroenterology, Hepatology, and Nutrition</b>	<ul style="list-style-type: none"> <li>• <a href="http://www.crohnsandcolitis.com.au">www.crohnsandcolitis.com.au</a></li> <li>• <a href="http://www.Gastrokids.org">www.Gastrokids.org</a></li> <li>• <a href="http://www.NASPGHAN.org">www.NASPGHAN.org</a></li> <li>• <a href="http://www.IBDU.org">www.IBDU.org</a></li> </ul>	Resource center and educational material for patients
<b>Foundation for Clinical Research in IBD</b>	<ul style="list-style-type: none"> <li>• <a href="http://www.MyIBD.org">www.MyIBD.org</a></li> </ul>	New York-based foundation for IBD research includes patient education pages and extensive link library to other resources.
<b>Mayo Clinic</b>	<ul style="list-style-type: none"> <li>• <a href="http://www.mayoclinic.org/ibd">www.mayoclinic.org/ibd</a></li> <li>• <a href="http://www.mayoclinic.com">www.mayoclinic.com</a> (use the "search" box to type by disease name to navigate the site)</li> <li>• <a href="http://www.youtube.com/user/mayoclinic">www.youtube.com/user/mayoclinic</a> (scroll down to select Gastrointestinal)</li> </ul>	Extensive patient education website
<b>Children's Hospital Boston (Family Health Education Series)</b>	<ul style="list-style-type: none"> <li>• <a href="http://www.youtube.com/user/childrenshospital">www.youtube.com/user/childrenshospital</a> (using the "search" box, type by disease name to navigate the site)</li> </ul>	Educational videos about Crohn's and Ulcerative Colitis for children with IBD and parents
<b>National Digestive Disease Information Clearinghouse</b>	<ul style="list-style-type: none"> <li>• <a href="http://www.niddk.nih.gov">www.niddk.nih.gov</a> (Under Health and Diseased Topic select Digestive Diseases (including liver disease) Under Digestive Disease you are able to search for information by topic and titles alphabetically)</li> </ul>	Educational material for patients produced by the National Institutes of Health

<p><b>Canadian Digestive Health Foundation (CDHF)</b></p>	<ul style="list-style-type: none"> <li>• <a href="http://www.cdhf.ca/main.php">www.cdhf.ca/main.php</a> (Also provides free on-line education seminars. Lots here for IBD patients and care providers)</li> </ul>	<p>Provides stats and facts on IBD within the Canadian Context. Provides links and information to the free phone app, GI Bodyguard, specific for help IBD patients and clinicians monitor their health.</p>
<p><b>Mentoring in IBD</b></p>	<ul style="list-style-type: none"> <li>• <a href="http://www.mentoringinibd.com/public/messagefrom/">www.mentoringinibd.com/public/messagefrom/</a> (Under the Patient Resources, there is a link to GutHealth.ca which is mainly focused on UC. It contains videos that may be helpful)</li> </ul>	<p>Mentoring in IBD provides an e-newsletter that summarizes the latest IBD research affecting clinical practice.</p>