

APPENDIX A: Select Product Names and Alberta Health Services Recipes
Table 1. Common and trade names of select dental/oral products available in Alberta*

Common Name	Example Trade Name
Alcohol free chlorhexidine mouthwash	Paroex, Perichlor
Alcohol free chlorhexidine gel 1%	To be compounded at a local pharmacy
Benzydamine Oral Rinse	Tantum Verde
Artificial salivary replacement	Biotene
Lidocaine viscous solution 2%	Xylocaine Viscous 2%
High fluoride content toothpaste (5000ppm)	Prevident 5000 Plus
Sialagogue	Salagen
Physiotherapy device	Therabite, Dynasplint
Antifungal medication ⁵⁷	Nystatin oral suspension or powder, Flucanazole oral tablets and suspension, Itraconazole

* Commercial company names are used as examples only. No product endorsement is intended or implied.

Table 2. Alberta Health Services Pharmacy Recipes*

(Magic mouthwash preparations - Magic mouthwash is the term given to a solution used to treat oral mucositis caused by chemotherapy and radiation therapy.)

Akabutu's Mouthwash (last date revised 20-Oct-2014)				
Ingredients	Strength	Form		Quantity Required
Nystatin	100,000 units/mL	SUSP		42 mL
Lidocaine HCL, viscous	2%			50 mL
Sodium chloride	0.9%	INJ	qs to	200 mL
Hydrocortisone	10 mg	TAB	at the time of dispensing	5 tab
Glycerin	100%	PO SOLN	at the time of dispensing	4 mL
Directions	1. Combine the viscous lidocaine and nystatin and shake well. If making 10 x 200 mL at one time this works best in a gallon jug. 2. QS with normal saline. 3. Pour into an amber bottle. 4. AT TIME OF DISPENSING, triturate hydrocortisone tablets into a fine powder and levigate with glycerin to form a paste. Gradually add pre-mixed Akabutu's solution. Mix well. 5. Transfer to final container and label.			
Notes	Label (before dispensing) should read: Akabutu's Mouthwash: Triturate hydrocortisone tablets into a fine powder. Levigate with glycerin to form paste. Gradually add pre-mixed mouthwash. Mix well. Expires 14 days after adding hydrocortisone. Hydrocortisone USP powder can be used instead of tablets. Sodium chloride 0.9% for irrigation can be used instead of injection. THIS FORMULATION IS NOT BASED ON LITERATURE, but is from unpublished data, historical use, or physician/pharmacy experience.			