

Preparation for Endoscopic Ultrasound

TEN DAYS TO ONE WEEK PRIOR TO THE PROCEDURE

- If you are diabetic, you must speak with **your family physician** (or the physician who prescribed your diabetes medication) about using insulin or pills for your diabetes on the day of your procedure.
- If you are taking Aspirin, arthritis medications, Metamucil or iron, speak with the physician who prescribed these medications about whether or not you need to stop them at least one week before your procedure.
- If you take warfarin (Coumadin), low molecular weight heparin (e.g. Fragmin, Lovenox) or Plavix, discuss with your prescribing specialist or family doctor if these medications can be safely stopped one week prior to your examination.

THE EVENING BEFORE THE PROCEDURE

1. Do not eat or drink anything, including water, after 11:00 p.m.

THE DAY OF THE PROCEDURE

1. You may take your medications with a sip of water.
2. Do not eat or drink anything, including water, until after the procedure.

