

Chronic Diarrheal Protocol for IBD

100 gm fat diet x 2 d at home

Day One

- Admit, History & Physical
- Dietician to see
- CBC & Diff, ESR, CRP
- Electrolytes, BUN, Creatinine, Calcium, Magnesium, Phosphate, Zinc
- AST, ALT, ALP, GGT, Bilirubin, Albumin, Total Protein
- TSH progressive
- B12, RBC Folate
- Fe, TIBC, Ferritin
- Morning Cortisol
- Anti-TTG, Quantitative Immunoglobulin, Serum protein electrophoresis
- EKG, CXR, Urinalysis
- Stool for C&S, O&P, Clostridium difficile toxin, WBC, Sudan fat stain

Day Two

• Gastroscopy and biopsy (for histopathology, Giardia, microsporidium)

Day Two, Three, and Four

• 72 h stool: Fat, wt, bile acid, Na/K/Cl, osmolality

Day Five

- ₁₄C glycocholate breath test
- Stool for C&S, O&P

Day Six

- Lactulose breath test
- Stool for C&S, O&P

Day Seven

- Lactose breath test
- If secretory: 24 hr urine 5–HIAA, Serum gastrin, VIP, Somatostatin, Calcitonin
- Consider Laxative screen

Day Eight

• Clear fluids/Go-Lytely prep

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Disclaimer statement: The information provided in this document should never replace clinical judgement. The care outlined in this document must be altered if it is not clinically appropriate for the individual patient



Day Nine

• Colonoscopy & multiple colonic biopsies

Day Ten

• Small bowel enterolysis

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