

Akabutu's Mouthwash

Use:

Treatment of Oral Mucositis post chemotherapy, in both pediatric and adult patients

Prescription:

5-10mls, Swish and Swallow QID (200mls)

Master Formula

Ingredients	200mL Recipe	2000mL Recipe
Viscous Lidocaine 2%	62.5mL	625mL
Nystatin 100.000 units/mL	10mL	100mL
Cherry Concentrate	20mL	200mL
Normal Saline for Irrigation	Qs to 200mL	Qs to 2000mL
Total Volume	200mL	2000mL

Directions:

1. Combine the viscous lidocaine 2% and nystatin 100.000 units/mL together and shake well. This work best in a gallon jug if making 10x200mL at one time.
2. Add the cherry concentrate to the above mixture and shake well.
3. Add the normal saline to the above mixture.
4. Transfer 200mL into 250mL amber bottles.

Packaging:

Store in Amber Bottles

Auxiliary Labels: Keep in refrigerator, DO NO FREEZE, SHAKE WELL

Expiry

3 months prior to hydrocortisone addition-arbitrary by Dr. Akabutu

14 days after addition of Hydrocortisone Tablets

Akabutu's Mouthwash (Modified)

Triturate 6 ½ of Hydrocortisone 10mg tabs into fine powder and levigate with mixed solution. Expires 14 days after adding hydrocortisone.

Published Formula:

Scheppach W, Sommer H, Kirchner T, et al. Effect of butyrate enemas on the colonic mucosa in distal ulcerative colitis. *Gastroenterology*. 1992;103(1):51-56. doi:[10.1016/0016-5085\(92\)91094-k](https://doi.org/10.1016/0016-5085(92)91094-k) PMID: 1612357