

Patient Information Sheet

Date

Dr.

Fax:

PROTOCOL FOR VITAMIN D DEFICIENCY

RE: ,
DOB:
PHN:

Dear Dr. ,

Our mutual patient has been identified to have a significantly low vitamin D level. We are aware that vitamin D deficiency is one of the major contributing causes to a loss of bone density in these patients. In this regard, we are aggressive in repleting vitamin D levels in patients with IBD. In addition, in the IBD population vitamin D reduces intestinal inflammation and the rates of colon cancer.

Patient's Current vitamin D Level =

Vitamin D Replacement Required:

- Vitamin D3 2 000 IU po daily
 Vitamin D2 50 000 IU po weekly

Your patient has been notified via mail of the vitamin D supplementation requirement and will:

1. Pick up a vitamin D supplement.
2. Have his/her levels re-checked 16 weeks after beginning to take the supplement.

Thank you for assisting in the ongoing care of your patient.

Sincerely,

**Dictated, but not read
to avoid delay in sending**

RICHARD N FEDORAK, MD, FRCPC, FRCP (London), FRSC
Professor Of Medicine, University of Alberta
RF/rb