

## Inflammatory Bowel Disease Standardized Care Protocols

### **4. IBD AND PRECONCEPTION OR PREGNANT PATIENTS**

#### **Nurse or Physician:**

1. Use the “Preconception or Pregnant IBD Patients Checklist” ([#1](#)) for information on important topics to discuss with the patient, medications, suggested referrals, and delivery decisions.
2. Consider referring the patient to the Pregnancy in Inflammatory Bowel Disease Consultation and Research Clinic ([#2](#)):
  - a. Pre-conception if the patient requires education, counselling or is interested in participating in research.
  - b. If the patient is pregnant and requires education, counselling or is interested in participating in research.

