

## Patient Information Sheet

Date:

Dear,

DOB:

PHN:

**RE: LOW VITAMIN D LEVEL**

Your recent laboratory investigations show that your vitamin D levels are low. In order to bring your vitamin D level back within a normal range, you will need to take a vitamin D supplement. Adequate vitamin D levels are important to preventing colon cancer, reducing inflammation in the intestine, and improving bone density.

1. Attached are instructions for the vitamin D supplementation.
2. You need to have your vitamin D levels rechecked 16 weeks (4 months) after you start taking the vitamin D. A Requisition for the vitamin D level re-check is attached.
3. If these levels are still low, you may be required to take a higher dose of vitamin D.

Your family doctor is aware of your low vitamin D result and the need for you to take a supplement.

If you have any questions or concerns please feel free to contact our office at (780) 492-8120 ext. 1

Sincerely,

**dictated, but not read  
to avoid delay in sending**

RICHARD N FEDORAK, MD, FRCPC, FRCP (London), FRSC  
Professor Of Medicine, University of Alberta  
RF/rb